



## 2008 Mideast Region Duathlon Series

The USAT Mideast Region Duathlon Series will consist of USAT sanctioned race that are either stand-alone or triathlon/duathlon race formats throughout the Mideast Region of Indiana, Illinois, Kentucky, Ohio, Michigan. The Duathlon Series emphasis will be to foster and promote duathlon and the health and welfare of its participants as well as provide participants with a congenial, supportive environment with a focus on friendship, participation, education, and motivation.

The series consists of events, and only USAT ANNUAL members will score points. Mideast duathletes **ONLY** will be eligible for awards. Athletes will be scored based on finishing in their respective age division as well as earning additional points for travel and participation. Mideast athletes must compete in a minimum of 5 of the 32 duathlons to be scored and to be placed in the final rankings.

There will be great overall series awards.

Duathlon events that will be scored for the **2008 Duathlon Series** are listed below :

### April

20	OH	Dooby Du Bikesport Du	<a href="http://www.eliteendeavors.com">www.eliteendeavors.com</a>
27	MI	Steelcase Duathlon	<a href="http://www.3disciplines.com">www.3disciplines.com</a>

### May

10	IL	Multisport Mayhem	<a href="http://www.mattoonbeachtri.com">www.mattoonbeachtri.com</a>
11	OH	Olentangy Sprint Du	<a href="http://www.hfpracing.com">www.hfpracing.com</a>
17	IN	Pokagon Triathlon/Duathlon	<a href="http://www.teamtrifort.com">www.teamtrifort.com</a>
17	IL	Galena Duathlon	<a href="http://www.galena.org/triathlon">www.galena.org/triathlon</a>
18	IN	Door Prairie Duathlon	<a href="http://www.doorprairie.com">www.doorprairie.com</a>
24	OH	Tinman Sprint Duathlon	<a href="http://www.ultrafit-usa.com">www.ultrafit-usa.com</a>
24	KY	Buffalo Trails Duathlon	<a href="http://www.buffalotrailsraces.com/">www.buffalotrailsraces.com/</a>

### June

1	OH	Rudy Project Duathlon	<a href="http://www.ultrafit-usa.com">www.ultrafit-usa.com</a>
8	IL	Batavia Duathlon	<a href="http://www.bataviatriathlon.org/">www.bataviatriathlon.org/</a>
15	OH	Wendy's Duathlon	<a href="http://www.ultrafit-usa.com">www.ultrafit-usa.com</a>
22	OH	Maumee Bay Duathlon	<a href="http://www.hfpracing.com">www.hfpracing.com</a>
29	OH	Fat Rabbit Racing Int. Sprint	<a href="http://www.fatrabbitracing.com">www.fatrabbitracing.com</a>

### July

6	OH	Caesar Creek Duathlon	<a href="http://www.hfpracing.com">www.hfpracing.com</a>
13	MI	Waterloo Duathlon	<a href="http://www.elitenedeavors.com">www.elitenedeavors.com</a>
20	OH	Columbus International	<a href="http://www.fatrabbitracing.com">www.fatrabbitracing.com</a>

[www.hfpracing.com](http://www.hfpracing.com)

### August

3	IN	Indiana Downs Duathlon	<a href="http://www.tuxbro.com">www.tuxbro.com</a>
3	IL	Mattoonman	<a href="http://www.mattoonbeachtri.com">www.mattoonbeachtri.com</a>
10	OH	Sylvania Triathlon/Duathlon	<a href="http://www.elitenedeavors.com">www.elitenedeavors.com</a>
10	KY	Schellers Sprint Duathlon	<a href="http://www.headfirstperformance.com">www.headfirstperformance.com</a>
16	MI	Three Rivers Duathlon	<a href="http://www.aquamantri.com/">www.aquamantri.com/</a>
17	IN	Trindy Duathlon	<a href="http://www.tuxbro.com">www.tuxbro.com</a>
31	OH	Great Ohioan Duathlon	<a href="http://www.ultrafit-usa.com">www.ultrafit-usa.com</a>

**September**

7	OH	Portage Lakes Duathlon	<a href="http://www.hfpracing.com">www.hfpracing.com</a>
7	OH	Great Lake Escape Duathlon	<a href="http://www.fatrabbitracing.com">www.fatrabbitracing.com</a>
7	MI	Michigan's Tri/Du Championships	<a href="http://www.3disciplines.com">www.3disciplines.com</a>
14	KY	Atex Challenge Duathlon	<a href="http://www.headfirstperformance.com">www.headfirstperformance.com</a>
20	KY	Bad to the Bone Duathlon	<a href="http://www.badtothebonerace.com">www.badtothebonerace.com</a>

**October**

5	KY	KHF Championship Duathlon	<a href="http://www.headfirstperformance.com">www.headfirstperformance.com</a>
5	MI	Great Pumpkin Duathlon/Spooky Sprint	<a href="http://www.3disciplines.com">www.3disciplines.com</a>
11	IL	Eagle Creek Duathlon	<a href="http://www.mattoonbeachtri.com">www.mattoonbeachtri.com</a>

**SCORING**

To score one must participate in the minimum of **5 events**.

Your 5 highest scoring races will be added together to determine the series division category winners (i.e., the lowest points races are thrown out). The participation bonus and travel points will be added and are in addition to the 5 highest scoring races.

Points are scored in the following divisions: Clydesdale, Athena, and Age Divisions starting from 19 under, then extending in five year increments to 80+.

Division Points as awarded as follows:

Place	Points	Bonus Point Opportunities	Bonus Points
1	125		
2	110		
3	95	10 or more completed races	15 total
4	85		
5	80		
6	75		
7	70		
8	65	Out of State Travel Bonus	15 total
9	60		
10	55		
11	50		
12	45		
13	40		
14	35		
15	30		
16	25		
17	20		
18	15		
19	10		
20 +	5		

Example: An athlete races 10 or more races in the entire series will only be awarded a total of 15 points, regardless of whether that athlete raced in all 32 races. 15 points will be the total points an athlete receives after 10 races.

Example: An athlete can earn 15 bonus points for traveling outside his/her state regardless if it is one race

or 32 races. 15 points will be the total points an athlete receives for travel.

Top overall finishers will be scored as winning their age group for a particular race.

Example: An athlete age 30-34 wins overall at a race but is not named the winner for his/her age division because of overall win, for series purposes they are scored as if they won their age group.

The overall male/female series winners will be determined by highest total points. The overall series winner **WILL NOT** be the age group series winner. In case of a tie, the 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> etc. highest scores will be used as a tie breaker.

### **PARTICIPATION BONUS POINTS**

If an athlete participates in 10 or more races, that athlete will earn an additional 15 points total. These points will be added to the individuals 3 highest race score.

*Example Scoring: Athlete A competes in 6 races in the series and results are:*

<i>Race 1: 3<sup>rd</sup> place in age group</i>	<i>95 points</i>
<i>Race 2: 6<sup>th</sup> place in age group</i>	<i>75 points</i>
<i>Race 3: 11<sup>th</sup> place in age group</i>	<i>50 points</i>
<i>Race 4: 2<sup>nd</sup> place in age group</i>	<i>110 points</i>
<i>Race 5: 3<sup>rd</sup> place in age group</i>	<i>95 points</i>
<i>Race 6: 5<sup>th</sup> place in age group</i>	<i>80 points</i>

<i>Races scored for series : top 5 races, races 1,2,4,5,6</i>	<i>total = 505 points</i>
<i>Participation Points for race 10+ races</i>	<i>total = 15 points</i>
<i>Travel Points</i>	<i>total = 15 points</i>
<i><b>Total series points</b></i>	<i><b>535 points</b></i>

### **ADDITIONAL RULES**

Athletes will be grouped in the Age Group as of their age on DECEMBER 31, 2008

In case of a rainout OR cancellation of any race, that race will not be scored and no points will be giving. All efforts will be made to make an announcement on the website of any changes of a race status.

[www.usatmideast.com](http://www.usatmideast.com)

All races on the schedule must be a USAT sanctioned race. In case of a race not getting sanctioning by day of the race, the athletes will not receive scores for that non-sanctioned race.

The 2008, the Duathlon Series will be administered by the USAT Mideast Region Board.

For all event details and updates on the series standings, visit the USAT Mideast Region website at [www.usatmideast.com](http://www.usatmideast.com)